

Seminar on CONQUERING DIABETES: From awareness to action

**Resource Person
Dr.C.S. Sreenivasa Rao
Head,
Department of Biochemistry & Zoology
St. Joseph's Degree College
Kurnool**

Date: 16th November 2023

Venue: St. Joseph's Degree College, Kurnool

Organized by: Department of Zoology

On 16th November 2023, in observance of World Diabetes Day, the Department of Zoology at St. Joseph's Degree College, Kurnool, organized a seminar titled "Conquering Diabetes – From Awareness to Action" aimed at raising awareness about diabetes mellitus among the faculty members.

The seminar was led by Dr. C.S. Sreenivas Rao, Head of the Departments of Biochemistry and Zoology at St. Joseph's Degree College. Dr. Rao provided an in-depth overview of diabetes mellitus, including its types, causes, symptoms, and the various ways to manage and prevent this condition. His presentation emphasized the importance of early detection, lifestyle modifications, and the role of proper nutrition and regular physical activity in controlling diabetes.

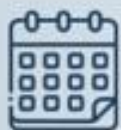
Faculty members actively participated in the session, which included a Q&A segment where they discussed practical steps to apply in their personal lives to prevent or manage diabetes. Dr. Rao also shared recent advancements in diabetes care and stressed the need for continuous education and action in combating the rising prevalence of this disease.



SEMINAR ON 
**CONQUERING DIABETES:
FROM AWARENESS TO ACTION**

What you EXPECT

- *What is Diabetes and its types*
- *What are the causes of Diabetes*
- *What are the symptoms of Diabetes*
- *Treatment for Diabetes*
- *Living with Diabetes*



Tues day
14 November



Time
12.45 PM



Seminar Hall

SPEAKER

DR.C.S.SREENIVASA RAO

**ORGANIZED BY:
THE DEPARTMENT OF ZOOLOGY
ST.JOSEPH'S DEGREE COLLEGE
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